

# Quick Guide to ZZZ Pat Icons\*



New Study (Enter new patient details)



Open Study (To review or edit an old study)



Load from Flash (To download a new study from the Flash Card)



Sleep Report (To get the sleep study)



Sleep Indices (To see the sleep indices on the screen)



Zoom In (To decrease the time base of a selected area on the screen)



Zoom Out (To increase the time base of a selected area on the screen)



Print (To print the raw data)



Relative/Absolute time (To change the time frame appearance)



Click on this icon when loading patient details if re-testing someone already in data base. Select patient from list and detail will be entered automatically. Repeat procedure with similar icon for Physician info

## Extra Tips

1. **Login – 111 ; Password – 111**
2. **Minimum time for a Watch-Pat sleep study – 90 minutes. Minimum time for REM statistics– 150 minutes.**
3. **Before sending out the Watch-Pat, ALWAYS run the Monitor software**
  - Check that the Watch-Pat device is fully charged
  - Make sure that all the patient information is loaded to the WP
  - Double check that the probe and Oximetry wrap are new
  - Always show the patient the DVD movie
4. **Always save your studies! I suggest at least 1 a month or when you reach 50 studies. Studies are about 14 MB and therefore only about 50 studies will fit on a regular 700 MB CD. There are different ways to save and conserve space.**

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\* Please note: This is not an official Itamar Medical publication but rather an independent quick guide prepared by Kim White for my customers. This quick guide DOES NOT take the place of reading the Instruction Manual.

- ☒ **Backup:** – The "Backup" function enables you to copy the entire database to another location for back up. The original files **are not removed** from the database.
- ☒ **Export:** - The "export" function creates a file containing a copy of the selected study data. You can choose to back-up one study or the whole database. The original files **are not removed** from the database.
- ☒ **Archive:** - The "archive" function creates an archive file of the selected study data. You can choose to back-up one study or the whole database. The original data files **are removed** from the database. In this case, you will still "see" the study in the "Open Study" tab, but the data will not be there. In order to evaluate the data, you will have to import it again.
- ☒ **Delete:** - The "Delete" function deletes the selected files from the database and **this is never suggested!**

#### 5. **To Prepare a Follow-up Report:**

- ☒ Set the two or more studies to "Reported" –
- ☒ Click "Report" on the menu screen
- ☒ Click "Clinical Diagnosis"
- ☒ Check the "Set as Reported" box at the bottom of the page
- ☒ Click on "Patient follow-up report" in the "Report" menu
- ☒ Highlight the patient that you want the report for
- ☒ Click "OK"

#### 6. **If there is any problem call Customer Service at 1300 ORDERZ 1300 673 379.**

When you call make sure of the following:

- ☒ You have registered the Watch-Pat on the NAOL Web site ([www.naol.com.au](http://www.naol.com.au))
- ☒ Your computer is open and is running the ZZZPat software
- ☒ The Watch-Pat device is in front of you